

## Nasturtiums – native to South America, a weed in South Australia

Nasturtiums are a pretty garden plant, and tasty in salads, but not the right plant for a Conservation Park!

This garden escapee invades creek-lines, riverbanks, gullies and higher rainfall woodlands, smothering our native plants and competing with them for light, moisture and nutrients.

Today we are reclaiming the creek-side for our native plants. Nasturtiums spread out over metres, and set seed prolifically, so we shall start at the edges and work our way down stream.



Pull the plants up from the roots and leave them on site. We have gloves to protect your hands. Be careful not to spread the seeds to a new area.



Watch where you put your feet, as the ground is uneven, and this can be concealed by plants.

Watch out for branches overhead!

Don't work on this plant if you are allergic to it! Nasturtiums can cause contact dermatitis.

Most of all have a great day, and enjoy being out in nature, knowing you are helping to look after the park.

